

Mike's Chili

2 LB ground beef

1 Tbs. oil

1/2 Tbs. Tabasco sauce

1 lg. onion chopped

2 cans kidney beans

4 Tbs. water

2 tsp. ea.: salt, sugar, Worcestershire
sauce, cocoa, ground cumin, oregano

1-1/2 Tbs. chili powder

3 c canned tomatoes

Brown ground beef in oil. Add onion and cook until it turns clear. Add remaining ingredients except kidney beans and simmer 1 hour covered. Add kidney beans and cook 1 additional hour uncovered.